



PRODUCT CATALOG

PREMIUM FITNESS EQUIPMENT



BUILT FOR PERFORMANCE



PREMIUM
QUALITY



DURABLE &
RELIABLE



PERFORMANCE
DRIVEN

Built To Perform

CATALOGUE



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哈希健身器材

Empowering You with Premium Gym Equipment

Elevate your fitness experience with Hash Gym Equipment – India's leading manufacturer of top-quality gym and fitness equipment. Whether you're upgrading a home gym or launching a commercial fitness space, we provide high-performance solutions built for results. From dumbbells to multi-gym setups, our wide product range caters to every workout need with unmatched durability and innovation.

选择 Hash Gym Equipment，升级您的健身体验——我们是印度领先的优质健身器材制造商。无论您是升级家庭健身房还是打造商业健身空间，我们都能提供专为实现卓越成效而设计的高性能解决方案。从哑铃到综合健身设备，我们丰富的产品系列凭借卓越的耐用性与创新设计，满足各类健身需求。



TREADMILL SERIES

跑步机系列

SYT-8401 商用跑步机 Commercial Treadmill

- N.W / G.W: 180 Kg / 220 Kg
- DIM: 2110*880*1530 mm
- CTN: 2220*1000*680 mm
- Display: LCD (32 inches) Input: 220V, 8.6 A
- Power: 3.0 HP
- Speed: 0-20 km/h
- Incline: 0-18.0°
- Running Belt: 2.2 mm
- Running Board: 25 mm
- Running Area: 1540*620 mm



SYT-T1 商用跑步机 Commercial Treadmill

- N.W / G.W: 268 Kg / 300 Kg
- DIM: 2380*1000*1730 mm
- CTN: 2400*1050*750 mm
- Display: LED / LCD
- Input: 220V, 8.6 A
- Power: 3.0 HP
- Speed: 0-20 km/h
- Incline: 0-18.0°
- Running Belt: 2.2 mm
- Running Board: 25 mm
- Running Area: 1600*580 mm

SYT-P1010 商用跑步机 Commercial Treadmill

- N.W / G.W: 205 Kg / 245 Kg
- DIM: 2280*920*1620 mm
- CTN: 2300*1000*670 mm
- Display: LED / LCD (21.5 inches)
- Input: 220V, 8.6 A
- Power: 3.0 HP
- Speed: 0-20 km/h
- Incline: 1-20.0°
- Running Belt: 2.2 mm
- Running Board: 25 mm
- Running Area: 1500*600 mm



SYT-T 15

商用跑步机 Commercial Treadmill

- N.W / G.W: 205 Kg / 245 Kg
- DIM: 2280*920*1620 mm
- CTN: 2300*1000*670 mm
- Display: LED / LCD (21.5 inches)
- Input: 220V, 8.6 A
- Power: 3.0 HP
- Speed: 0-20 km/h
- Incline: 1-20.0°
- Running Belt: 2.2 mm
- Running Board: 25 mm
- Running Area: 1500*600 mm



SYT-ZF8600

商用跑步机 Commercial Treadmill

- N.W / G.W: 220 Kg / 260 Kg
- DIM: 2300*1010*1780 mm
- CTN: 2360*1000*800 mm
- Display: LED / LCD (18.5 inches)
- Input: 220V, 8.6 A
- Power: 3.0 HP
- Speed: 0-20 km/h
- Incline: 0-18.0°
- Running Belt: 2.2 mm
- Running Board: 25 mm
- Running Area: 1660*600 mm

SYT-ZF8700

无动力跑步机 Curved Treadmill

- N.W / G.W: 150 Kg / 190 Kg
- DIM: 1800*835*1530 mm
- CTN: 1910*1000*590 mm
- Display: LED
- Running Area: 1600*480 mm



SYT-ZF8900

无动力跑步机 Curved Treadmill

- N.W / G.W: 168 Kg / 181Kg
- DIM: 1800*970*1630 mm
- CTN: 1920*950*590 mm
- Display: LED
- Running Area: 1600*480mm

SYT-ZF8900-6 无动力跑步机 Curved Treadmill

- N.W / G.W: 167 Kg / 178 Kg
- DIM: 1800*895*1600 mm
- Display: LED



ELLIPTICAL MACHINE SERIES

椭圆机系列



SYT-ZF9000-A 椭圆机 Elliptical Machine

- N.W / G.W: 124Kg / 144Kg
- DIM: 2050*660*1800 mm
- CTN: 2130*730*880 mm
- Display: LED



SYT-ZF3100 椭圆机 Elliptical Machine

- N.W / G.W: 130Kg / 171 Kg
- DIM: 2300*730*1240 mm
- CTN: 2300*720*1170 mm
- Display: LED



SYT-Q31

横向椭圆机

High-end Horizontal Elliptical Machine

- N.W / G.W: 98 Kg / 130 Kg
- DIM: 1020*1030*1700 mm
- CTN: 1050*1000*770 mm
- Display: LED



BICYCLE SERIES

单车系列



SYT-P1005 卧式车 Recumbent Bike

- N.W / G.W: 98Kg/118 Kg
- DIM: 1660*690*1350 mm
- CTN: 1730*670*900 mm
- Display: LED / LCD

SYT-ZF9500

卧式车

Recumbent Bike

- N.W / G.W: 81Kg/101 Kg
- DIM: 1600*620*1280 mm
- CTN: 1730*670*900 mm
- Display: LED





SYT-ZF7500 动感单车 Spinning Bike

- N.W / G.W: 51 Kg / 56 Kg
- DIM: 1130*600*1280 mm
- CTN: 1170*300*980 mm

SYT-ZF4500 磁控单车 Magnetic Spinning Bike

- N.W / G.W: 38Kg/43 Kg
- DIM: 1290*660*1110 mm
- CTN: 1270*920*310 mm



SYT-ZF7300 风扇车 Air Bike

- N.W / G.W: 49 Kg / 56 Kg
- DIM: 1270*650*1230 mm
- CTN: 1350*1200*650 mm
- Display: LED



SYT-ZF6400-2 风扇车 Air Bike

- N.W / G.W: 57Kg/63 Kg
- DIM: 1380*550*1350 mm
- CTN: 1350*270*890 mm
- Display: LED



CLIMBING FITNESS EQUIPMEN

攀登健身设备



SYT-P1018

楼梯机
Stair Climber

- N.W / G.W: 195 Kg / 228 Kg
- DIM: 1420*830*2090 mm
- CTN: 1460*880*1260 mm
- Display: LED / LCD

SYT-P1050

楼梯机
Stair Climber

- N.W / G.W: 210 Kg / 240 Kg
- DIM: 1360*850*2180 mm
- CTN: 1360*920*1330 mm
- Display: LED / LCD



SYT-P1052

楼梯机
Stair Climber

- N.W / G.W: 162 Kg / 200 Kg
- DIM: 1230*700*1885 mm
- CTN: 1320*820*1220 mm
- Display: LED / LCD

SYT-ZF1300 攀爬机 Climbing Machine

- N.W / G.W: 115 Kg / 165 Kg
- DIM: 1150*1150*2570 mm
- CTN: 540*770*400 mm
- Display: LED



ROWING MACHINE

划船机



SYT-P1001 风阻划船机 Air Rowing Machine

- N.W / G.W: 53 Kg / 73 Kg
- DIM: 2290*520*1220 mm
- CTN: 1640*900*300 mm
- Display: LED

SYT-P300-1 磁阻划船机 Magnetic Rowing Machine

- N.W / G.W: 30 Kg / 35 Kg
- DIM: 2420*605*1090 mm
- CTN: 1430*400*550 mm
- Display: LED



NEW CARDIO

有氧新品



SYT-ZF6200

滑雪机
Ski Machine

- N.W / G.W: 38 Kg / 45 Kg
- DIM: 1280*600*2150 mm
- CTN: 1300*610*500 mm
- Display: LED

SYT-P300-2

磁阻滑雪机
Magnetic Ski Machine

- N.W / G.W: 38 Kg / 45 Kg
- DIM: 1280*600*2150 mm
- CTN: 1300*610*500 mm
- Display: LED



SYT-P1032

冲浪机
Surfing Machine

- N.W / G.W: 280Kg/330 Kg
- DIM: 1851*1068*1508 mm
- CTN: 1900*1100*750 mm
- Display: LED

L10 SERIES STRENGTH

L10力量系列

SYT-L1001 卧式屈腿训练器 Horizontal Leg Curl

- N.W / G.W: 218 Kg / 248 Kg
- DIM: 1650*1010*1460 mm
- CTN: 1700*1200*600 mm
- WS: 80 Kg



SYT-L1002 坐式伸腿训练器 Leg Extension

- N.W / G.W: 250 Kg / 280 Kg
- DIM: 1500*1080*1460 mm
- CTN: 1700*1200*750 mm
- WS: 80 Kg

SYT-L1003 坐式蹬腿训练器 Seated Leg Press

- N.W / G.W: 310 Kg / 340 Kg
- DIM: 2070*1120*1460 mm
- CTN: 2150*1400*1050 mm
- WS: 100 Kg



SYT-L1006 坐式举肩训练器 Shoulder Press

- N.W / G.W: 240 Kg / 270 Kg
- DIM: 1600*1470*1460 mm
- CTN: 1600*1150*800 mm
- WS: 80 Kg



SYT-L1007 直臂夹胸训练器 Pearl Delt / Pec Fly

- N.W / G.W: 228 Kg / 258 Kg
- DIM: 1445*1310*2030 mm
- CTN: 1580*1080*800 mm
- WS: 80 Kg

SYT-L1008 坐式推胸训练器 Chest Press

- N.W / G.W: 235 Kg / 265 Kg
- DIM: 1210*1485*1460 mm
- CTN: 1700*1200*1000 mm
- WS: 80 Kg



SYT-L1009A 引体向上训练器 Assistance Dip Chin

- N.W / G.W: 290 Kg / 330 Kg
- DIM: 1780*1515*2300 mm
- CTN: 2300*1450*1100 mm
- WS: 80 Kg

SYT-L1019 坐式腹肌训练器 Abdominal Crunch

- N.W / G.W: 215 Kg / 245 Kg
- DIM: 1370*1350*1460 mm
- CTN: 1500*1000*900 mm
- WS: 80 Kg



SYT-L1025 大腿内外侧训练器 Inner & Outer Thigh

- N.W / G.W: 230 Kg / 260 Kg
- DIM: 1650*810*1460 mm
- CTN: 1700*1300*800 mm
- WS: 80 Kg

SYT-L1034 背肌划船训练器 Seated Row

- N.W / G.W: 218 Kg / 248 Kg
- DIM: 1160*1390*1460 mm
- CTN: 1600*1200*900 mm
- WS: 80 Kg



SYT-L1035 高拉背肌训练器 Lat Pull-down

- N.W / G.W: 226 Kg / 256 Kg
- DIM: 1460*1290*1980 mm
- CTN: 1700*1300*700 mm
- WS: 80 Kg

SYT-L1080 高低拉训练器 High Pull

- N.W / G.W: 255 Kg / 225 Kg
- DIM: 2015*1100*2190 mm
- CTN: 1870*1150*610 mm
- WS: 100 Kg



SYT-L1082 推胸举肩训练器 Adjustable Chest Press

- N.W/ G.W: 230 Kg / 260 Kg
- DIM: 2010*1400*1460 mm
- CTN: 2050*1110*680 mm
- WS: 80 Kg

SYT-L1083 二三头训练器 Biceps & Triceps Exercises

- N.W / G.W: 210 Kg / 240 Kg
- DIM: 1410*1100*1460 mm
- CTN: 1600*1300*630 mm
- WS: 80 Kg



SYT-L1044 二头肌训练架 Bicep Bench

- N.W / G.W: 85 Kg / 105 Kg
- DIM: 1250*970*1090 mm
- CTN: 1430*940*420 mm

SYT-L1044A 二头肌训练架 Bicep Bench

- N.W / G.W: 45 Kg / 70 Kg
- DIM: 1120*860*930 mm
- CTN: 1200*900*380 mm



SYT-L1056 倒蹬机训练器 Reverse Pedal Machine

- N.W / G.W: 260 Kg / 300 Kg
- DIM: 2395*1520*1720 mm
- CTN: 2000*1500*880 mm

K8 SERIES STRENGTH

K8力量系列

SYT-K801

卧式曲腿训练器
Prone Leg Curl

- N.W / G.W: 195 Kg / 235 Kg
- DIM: 1750*1000*1625 mm
- CTN: 1660*1200*520 mm
- WS: 80 Kg



SYT-K802

坐式伸腿训练器
Seated Leg Extension

- N.W / G.W: 210 Kg / 250 Kg
- DIM: 1500*1080*1625 mm
- CTN: 1660*1200*520 mm
- WS: 80 Kg

SYT-K803A

坐式蹬腿训练器
Seated Leg Press

- N.W / G.W: 295 Kg / 335 Kg
- DIM: 1840*1220*1625 mm
- CTN: 2000*880*680 mm
- WS: 100 Kg



SYT-K806

坐式举肩训练器
Shoulder Press

- N.W / G.W: 230 Kg / 270 Kg
- DIM: 1680*1620*1625 mm
- CTN: 1660*1200*520 mm
- WS: 80 Kg

SYT-K807 直臂夹胸训练器 Pearl Delt / Pec Fly

- N.W / G.W: 235 Kg / 275 Kg
- DIM: 1360*1560*2030 mm
- CTN: 2050*1050*520 mm
- WS: 80 Kg



SYT-K808 坐式推胸训练器 Chest Press

- N.W / G.W: 220 Kg / 260 Kg
- DIM: 1210*1360*1625 mm
- CTN: 1660*1060*580 mm
- WS: 80 Kg



SYT-K809 助力单双杠 Pull Up Assistance Exercise

- N.W / G.W: 263 Kg / 305 Kg
- DIM: 1350*1600*2285 mm
- CTN: 2150*880*600 mm
- WS: 100 Kg



SYT-K810 反位高拉训练器 Lat Pull-down

- N.W / G.W: 225 Kg / 265 Kg
- DIM: 1550*1450*1790 mm
- CTN: 1660*1200*520 mm
- WS: 80 Kg



SYT-K830 二头肌训练器 Biceps Curl

- N.W / G.W: 225 Kg / 265 Kg
- DIM: 1380*1520*1625 mm
- CTN: 1660*1200*520 mm
- WS: 80 Kg

SYT-K832 坐姿低拉训练器

Low Pull

- N.W / G.W: 190 Kg / 230 Kg
- DIM: 1400*1200*1625 mm
- CTN: 1660*880*520 mm
- WS: 100 Kg



SYT-K834 坐姿划船训练器

Incline Row

- N.W / G.W: 220 Kg / 260 Kg
- DIM: 1500*1160*1625 mm
- CTN: 1660*1000*520 mm
- WS: 80 Kg

SYT-K835 坐姿高拉训练器

High Pull

- N.W / G.W: 240 Kg / 280 Kg
- DIM: 1400*1250*2210 mm
- CTN: 1660*1000*650 mm
- WS: 100 Kg



SYT-K881 高低拉一体机

Lat Pulldown / Low Row

- N.W / G.W: 270 Kg / 310 Kg
- DIM: 1860*1250*2210 mm
- CTN: 1900*1250*650 mm
- WS: 100 Kg

SYT-K882 推胸推肩一体机

Adjustable Chest Press

- N.W / G.W: 220 Kg / 260 Kg
- DIM: 1900*1350*1625 mm
- CTN: 2000*1000*650 mm
- WS: 80 Kg



SYT-K883 坐姿低拉训练器

Low Pull

- N.W / G.W: 195 Kg / 235 Kg
- DIM: 1640*1030*1625 mm
- CTN: 1660*880*600 mm
- WS: 80 Kg



SYT-K884A 伸屈腿一体机

Leg Curl & Extension

- N.W / G.W: 215 Kg / 255 Kg
- DIM: 1560*1100*1625 mm
- CTN: 1660*1200*520 mm
- WS: 80 Kg

SYT-K885 二三头一体机

Biceps & Triceps Extension

- N.W / G.W: 210 Kg / 250 Kg
- DIM: 1700*1150*1625 mm
- CTN: 1660*1200*520 mm
- WS: 80 Kg



HM SERIES STRENGTH

HM力量系列

SYT-HM03A 坐式蹬腿训练器 Seated Leg Press

- N.W / G.W: 315 Kg / 340 Kg
- DIM: 2035*1200*1721 mm
- CTN: 2120*1220*780 mm
- WS: 100 Kg



SYT-HM07 直臂夹胸训练器 Pearl Delt / Pec Fly

- N.W / G.W: 190 Kg / 205 Kg
- DIM: 1200*800*1900 mm
- CTN: 1970*770*350 mm
- WS: 80 Kg

SYT-HM01 俯卧屈腿训练器 Prone Leg Curl

- N.W / G.W: 175 Kg / 200 Kg
- DIM: 1650*900*1550 mm
- CTN: 1600*920*330 mm
- WS: 80 Kg



SYT-HM02 坐式伸腿训练器 Leg Extension

- N.W / G.W: 180 Kg / 205 Kg
- DIM: 1100*950*1550 mm
- CTN: 1600*920*330 mm
- WS: 80 Kg



SYT-HM08

坐式推胸训练器
Chest Press

- N.W / G.W: 180 Kg / 210 Kg
- DIM: 1650*900*1550 mm
- CTN: 1600*1120*580 mm
- WS: 80 Kg



SYT-HM09

助力单双杠训练器
Pull Up Assistance Exercise

- N.W / G.W: 250 Kg / 280 Kg
- DIM: 1150*1200*2200 mm
- CTN: 2270*780*480 mm
- WS: 100 Kg

SYT-HM30

二头肌训练器
Biceps Curl

- N.W / G.W: 175 Kg / 210 Kg
- DIM: 1100*1000*1550 mm
- CTN: 1600*920*380 mm
- WS: 80 Kg



SYT-HM32

坐式低拉训练器
Low Pull

- N.W / G.W: 170 Kg / 195 Kg
- DIM: 1800*800*1720 mm
- CTN: 1770*700*330 mm
- WS: 100 Kg

SYT-HM34

二头肌训练器
Biceps Curl

- N.W / G.W: 185 Kg / 215 Kg
- DIM: 1350*900*1850 mm
- CTN: 1870*940*450 mm
- WS: 80 Kg



SYT-HM35

坐式高拉训练器
Lat Pulldown

- N.W / G.W: 180 Kg / 205 Kg
- DIM: 1400*800*2200 mm
- CTN: 2270*700*330 mm
- WS: 100 Kg



SYT-HM82

推胸推肩一体机
Adjustable Chest Press

- N.W / G.W: 190 Kg / 220 Kg
- DIM: 1950*1250*1550 mm
- CTN: 2020*1020*480 mm
- WS: 80 Kg

SYT-HM83

大腿内外侧一体机
Hip Abduction / Adduction

- N.W / G.W: 190 Kg / 220 Kg
- DIM: 1500*700*1550 mm
- CTN: 1600*720*530 mm
- WS: 80 Kg



SYT-HM84C

伸屈腿一体机
Leg Curl & Extension

- N.W / G.W: 195 Kg / 220 Kg
- DIM: 1350*1000*1550 mm
- CTN: 1600*920*430 mm
- WS: 80 Kg

SYT-HM87

肩部内外展一体机
Standing Multi Flight

- N.W / G.W: 215 Kg / 235 Kg
- DIM: 800*1050*1900 mm
- CTN: 1870*870*550 mm
- WS: 100 Kg



A5 SERIES STRENGTH

A5力量系列

SYT-A501

坐姿高位下拉训练器
Seated Lat Pulldown Machine

- N.W: 180 kg
- G.W: 240 kg
- DIM: 2000*1380*2030mm
- CTN: 1800*1000*800mm



SYT-A502

下斜胸推训练器
Decline Chest Press Machine

- N.W: 220 kg
- G.W: 285 kg
- DIM: 2050*1550*1250mm
- CTN: 1800*1000*800mm

SYT-A503

坐姿肩部推举训练器
Seated Shoulder Press Machine

- N.W: 190 kg
- G.W: 240 kg
- DIM: 1800*1500*1370mm
- CTN: 1800*1000*760mm



SYT-A504

坐姿划船训练器
Seated Row Machine

- N.W: 195 kg
- G.W: 260 kg
- DIM: 2000*1380*1160mm
- CTN: 1800*1000*800mm

SYT-A505 坐姿高位下拉训练器 Incline Chest Press Machine

- N.W: 190 kg
- G.W: 255 kg
- DIM: 1950*1380*1300mm
- CTN: 1800*1000*800mm



SYT-A506 坐姿腹肌卷曲训练器 Seated Abdominal Crunch Machine

- N.W: 210 kg
- G.W: 275 kg
- DIM: 1580*1620*1720mm
- CTN: 1800*1000*750mm

SYT-A507 腿举训练器 Leg Press Machine

- N.W: 260 kg
- G.W: 335 kg
- DIM: 2280*1900*1480mm
- CTN: 2200*1150*800mm



SYT-A508 坐姿胸推训练器 Seated Chest Press Machine

- N.W: 220 kg
- G.W: 270 kg
- DIM: 1780*1470*1500mm
- CTN: 1600*1000*850mm

SYT-A509 高位划船训练器 High Row Machine

- N.W: 200 kg
- G.W: 265 kg
- DIM: 2230*1370*1850mm
- CTN: 1800*1000*750mm



SYT-A510 二头肌弯举训练器 Bicep Curl Machine

- N.W: 210 kg
- G.W: 270 kg
- DIM: 1800*1700*1100mm
- CTN: 1800*1000*800mm



SYT-A511 斜式哈克深蹲训练器 Incline Hack Squat Machine

- N.W: 230 kg
- G.W: 305 kg
- DIM: 2200*1800*1320mm
- CTN: 2200*1150*800mm

SYT-A512 硬拉与耸肩训练器 Deadlift & Shrug Machine

- N.W: 150 kg
- G.W: 200 kg
- DIM: 1700*1150*1100mm
- CTN: 1650*900*600mm



SYT-A513 侧平举训练器 Lateral Raise Machine

- N.W: 315 kg
- G.W: 365 kg
- DIM: 2050*1520*1600mm
- CTN: 1800*1100*500mm
- Weight stack: 100kg

SYT-A514 背部伸展训练器 Back Extension Machine

- N.W: 250 kg
- G.W: 300 kg
- DIM: 1300*1270*1650mm
- CTN: 1800*1200*500mm
- Weight stack: 100kg



SYT-A515

髋外展内收训练器
Hip Abductor & Adductor Machine

- N.W: 330 kg
- G.W: 380 kg
- DIM: 1500*1400*1650mm
- CTN: 1800*1150*650mm
- Weight stack: 100kg



SYT-A516

俯卧腿弯举训练器
Lying Leg Curl Machine

- N.W: 355 kg
- G.W: 405 kg
- DIM: 1550*1100*1650mm
- CTN: 1800*1200*950mm
- Weight stack: 130kg

SYT-A517

腿屈伸训练器
Leg Extension Machine

- N.W: 335 kg
- G.W: 385 kg
- DIM: 1550*1250*1650mm
- CTN: 1800*1200*950mm
- Weight stack: 130kg



SYT-A518

臀部后踢训练器
Glute Kickback Machine

- N.W: 265 kg
- G.W: 315 kg
- DIM: 1900*1050*1650mm
- CTN: 1800*1150*450mm
- Weight stack: 130kg

SYT-A519

二头肌弯举训练器
Bicep Curl Machine

- N.W: 345 kg
- G.W: 395 kg
- DIM: 1650*1150*1650mm
- CTN: 1800*1200*500mm
- Weight stack: 100kg



SYT-A520 坐姿肩部推举训练器 Seated Shoulder Press Machine

- N.W: 355 kg
- G.W: 405 kg
- DIM: 1550*1500*1650mm
- CTN: 1800*1200*500mm
- Weight stack: 100kg



SYT-A521 坐姿胸推训练器 Seated Chest Press Machine

- N.W: 345 kg
- G.W: 395 kg
- DIM: 1530*1100*1900mm
- CTN: 1900*1100*550mm
- Weight stack: 100kg

SYT-A522 高位下拉训练器 Lat Pulldown Machine

- N.W: 355 kg
- G.W: 405 kg
- DIM: 1450*1500*1900mm
- CTN: 1800*1200*500mm
- Weight stack: 110kg



SYT-A523 坐姿划船训练器 Seated Row Machine

- N.W: 330 kg
- G.W: 380 kg
- CTN: 1950*1100*500mm
- Weight stack: 110kg

SYT-A524 蝴蝶夹胸训练器 Pec Fly Machine

- N.W: 350 kg
- G.W: 400 kg
- DIM: 1180*1850*2100mm
- CTN: 1950*1100*450mm
- Weight stack: 110kg



SYT-A525 坐姿腿举训练器 Seated Leg Press Machine

- N.W: 550 kg
- G.W: 600 kg
- DIM: 1650*1250*1650mm
- CTN: 1900*1200*900mm
- Weight stack: 200kg



SYT-A526 坐姿腹肌卷曲训练器 Seated Abdominal Crunch Machine

- N.W: 260 kg
- G.W: 310 kg
- DIM: 1350*1150*1650mm
- CTN: 1800*1200*450mm
- Weight stack: 100kg

SYT-A527 三头肌伸展训练器 Tricep Extension Machine

- N.W: 300 kg
- G.W: 350 kg
- DIM: 1350*1370*1650mm
- CTN: 1800*1100*450mm
- Weight stack: 100kg



SYT-A528 二头肌弯举训练器 Bicep Curl Machine

- N.W: 300 kg
- G.W: 350 kg
- DIM: 1420*1140*1650mm
- CTN: 1800*1100*450mm
- Weight stack: 100kg

SYT-A529 三头肌下压训练器 Tricep Pushdown Machine

- N.W: 390 kg
- G.W: 440 kg
- DIM: 1350*1370*1650mm
- CTN: 1800*1200*500mm
- Weight stack: 100kg



A7 SERIES STRENGTH

A7力量系列

SYT-A706

坐姿划船训练器
Sitting Row

- N.W / G.W: 200Kg/240Kg
- DIM: 1800*1500*1600 mm
- CTN: 1600*1000*550 mm



SYT-A708

多角度推胸训练器
Multi-Angle Chest Push

- N.W / G.W: 250Kg/290Kg
- DIM: 1900*2000*1500 mm
- CTN: 1800*1100*550 mm

SYT-A710

坐姿高拉背
High Pull

- N.W / G.W: 170Kg/210Kg
- DIM: 1750*2150*2080 mm
- CTN: 1500*1400*550 mm



SYT-A714

滑轨拉背训练器
Slide Pull Back Trainer

- N.W / G.W: 245 Kg / 290 Kg
- DIM: 1550*2000*1450 mm
- CTN: 1600*1200*600 mm

SYT-A723

坐姿举肩
Shoulder Press

- N.W / G.W: 125 Kg / 160 Kg
- DIM: 1350*1400*2100 mm
- CTN: 2100*1000*450 mm



SYT-A724

坐姿举肩
Shoulder Press

- N.W / G.W: 160 Kg / 200 Kg
- DIM: 1300*1750*1850 mm
- CTN: 1900*1050*450 mm

SYT-A725

交叉式举肩
Cross Shoulder Raises

- N.W / G.W: 185 Kg / 225 Kg
- DIM: 1100*1900*1400 mm
- CTN: 1300*1300*800 mm



SYT-A729

交叉式举肩
Cross Shoulder Raises

- N.W / G.W: 115 Kg / 150 Kg
- DIM: 1220*1300*1300 mm
- CTN: 1300*1000*500 mm

SYT-A731

卧式卧推
Horizontal Press

- N.W / G.W: 160 Kg / 200 Kg
- DIM: 1900*1520*1600 mm
- CTN: 1950*1000*500 mm



SYT-A733

坐姿推胸
Chest Press

- N.W / G.W: 185 Kg / 225 Kg
- DIM: 1400*1520*1600 mm
- CTN: 1850*1150*500 mm



SYT-A741

塔式推胸推肩
STowerChestPush&Shoulder Push

- N.W / G.W: 265 Kg / 310 Kg
- DIM: 1880*1950*1900 mm
- CTN: 1900*1100*500 mm

SYT-A742

坐姿卷腹
AbdominalOblique Crunch

- N.W / G.W: 140 Kg / 180 Kg
- DIM: 1200*1450*1600 mm
- CTN: 1200*1200*700 mm



SYT-A751

剪刀式推胸
CScissor PushChest Trainer

- N.W / G.W: 180 Kg / 220 Kg
- DIM: 1750*1900*1000 mm
- CTN: 1700*1000*800 mm

SYT-A752

二头肌训练器
Bicep Trainer

- N.W / G.W: 125 Kg / 160 Kg
- DIM: 1100*1500*1100 mm
- CTN: 1200*1200*500 mm



SYT-A56

倒蹬机
45 Degree Leg Press

- N.W / G.W: 300 Kg / 360 Kg
- DIM: 2400*1700*1450 mm
- CTN: 2250*1270*550 mm



SYT-A770

箭步蹲
Lunge Machine

- N.W / G.W: 265Kg / 310Kg
- DIM: 2150*1550*2000 mm
- CTN: 1800*1100*550 mm

SYT-A7102

伸屈腿一体机
Stretch & Bend Leg

- N.W / G.W: 275 Kg / 320 Kg
- DIM: 1250*1030*1670 mm
- CTN: 1700*1250*500 mm
- WS: 100 Kg



SYT-A7103

伸屈腿一体机
Stretch & Bend Leg

- N.W / G.W: 265 Kg / 310 Kg
- DIM: 1730*1000*1670 mm
- CTN: 1700*1250*500 mm
- WS: 100 Kg

SYT-A7104

大腿内外侧一体机
BHip Abduction / Adduction

- N.W / G.W: 250 Kg / 290 Kg
- DIM: 1600*870*1670 mm
- CTN: 1700*900*650 mm
- WS: 100 Kg



SYT-A7105 直臂夹胸训练器 PearlDelt / Pec Fly

- N.W / G.W: 270 Kg / 320 Kg
- DIM: 1270*1350*1980 mm
- CTN: 2050*1000*450 mm
- WS: 100 Kg



SYT-A7106 推胸推肩一体机 Adjustable Chest Press

- N.W / G.W: 250 Kg / 290 Kg
- DIM: 2000*1270*1670 mm
- CTN: 2050*1150*420 mm
- WS: 100 Kg

SYT-A7108 坐姿腿举一体机 Seated Leg Press

- N.W / G.W: 360 Kg / 420 Kg
- DIM: 1770*1050*1980 mm
- CTN: 2050*900*700 mm
- WS: 100 Kg



SYT-A7110 多角度推胸训练器 Multi-Angle Chest Push

- N.W / G.W: 310 Kg / 360 Kg
- DIM: 1200*1530*2270 mm
- CTN: 2300*1100*650 mm
- WS: 100 Kg

SYT-A7113 高低拉一体机 High & low Pull

- N.W / G.W: 260 Kg / 310 Kg
- DIM: 1700*860*2340 mm
- CTN: 2300*900*400 mm
- WS: 100 Kg



SYT-A7114

高低拉一体机
High & low Pull

- N.W / G.W: 260 Kg / 310 Kg
- DIM: 1770*860*2340 mm
- CTN: 2300*900*400 mm
- WS: 100 Kg



K5 SERIES STRENGTH

K5力量系列



SYT-K504

坐站姿夹胸训练器
Seated Chest Fly

- N.W / G.W: 75 Kg / 100 Kg
- DIM: 1580*1350*1540 mm
- CTN: 1550*1350*550 mm

SYT-K505

坐站姿侧平举
Seated/Standing Lateral Raise

- N.W / G.W: 65 Kg / 90 Kg
- DIM: 1080*1000*1350 mm
- CTN: 1350*1100*550 mm





SYT-K530

二头肌训练器
Bicep Curl

- N.W / G.W: 75 Kg / 100 Kg
- DIM: 970*1470*1250 mm
- CTN: 1500*1000*400 mm

SYT-K545

山羊挺身训练器
Hyper Extension

- N.W / G.W: 130 Kg / 155 Kg
- DIM: 1630*1400*1380 mm
- CTN: 1500*900*600 mm



SYT-K560

三维臀桥训练器
3D Hip Bridge

- N.W / G.W: 175 Kg / 210 Kg
- DIM: 1700*1800*1400 mm
- CTN: 2150*950*480 mm

SYT-K562

小腿+胫骨肌训练器
Calf + Tibialis Trainer

- N.W / G.W: 62 Kg / 80 Kg
- DIM: 1460*760*930 mm
- CTN: 1500*800*500 mm



SYT-K564

上斜飞鸟训练器
Incline Chest Fly

- N.W / G.W: 60 Kg / 80 Kg
- DIM: 1550*1120*770 mm
- CTN: 1500*800*500 mm





SYT-K566

哈克深蹲
Hack Squat

- N.W / G.W: 120 Kg / 150 Kg
- DIM: 1360*1500*1500 mm
- CTN: 1600*1050*600 mm

SYT-K571

坐姿举肩训练器
Shoulder Press

- N.W / G.W: 88 Kg / 120 Kg
- DIM: 1300*1420*2000 mm
- CTN: 2050*1050*450 mm



SYT-K572

剪刀式举肩
Scissor Shoulder Lift

- N.W / G.W: 116 Kg / 136 Kg
- DIM: 1255*1575*1335 mm
- CTN: 1500*1050*430 mm

SYT-K575

双轨式划船拉背
Dual Track Row

- N.W / G.W: 140 Kg / 175 Kg
- DIM: 1400*1900*1150 mm
- CTN: 1600*1300*430 mm



SYT-K576

史密斯划船
Smith Row

- N.W / G.W: 165 Kg / 200 Kg
- DIM: 1300*2200*1350 mm
- CTN: 1500*1400*550 mm



SYT-K578 三头下压训练器 Tricep Pushdown

- N.W / G.W: 75 Kg / 102 Kg
- DIM: 1400*1320*1280 mm
- CTN: 1350*1000*550 mm

SYT-K583 内外侧一体机 Inner & Outer Thigh

- N.W / G.W: 118 Kg / 140 Kg
- DIM: 1560*1350*1230 mm
- CTN: 1350*800*550 mm



L10 SERIES STRENGTH

L10力量系列



SYT-L1036 平凳
Bench

- N.W / G.W: 24 Kg / 35 Kg
- DIM: 1170*780*420 mm
- CTN: 1500*1150*730 mm

SYT-L1037 可调式腹肌板
Adjustable Bench

- N.W / G.W: 40 Kg / 60 Kg
- DIM: 1630*1120*820 mm
- CTN: 1760*550*460 mm



SYT-L1038 推肩训练椅
Utility Bench

- N.W / G.W: 26 Kg / 40 Kg
- DIM: 720*920*920 mm
- CTN: 950*750*290 mm

SYT-L1039 可调式哑铃椅
Adjustable Bench

- N.W / G.W: 43 Kg / 60 Kg
- DIM: 1350*820*450 mm
- CTN: 1380*480*450 mm





SYT-L1041B

下斜推胸训练器
Downward Push Bench

- N.W / G.W: 68 Kg / 85 Kg
- DIM: 1300*1730*1300 mm
- CTN: 1350*700*730 mm

SYT-L1042B

上斜卧推训练器
Reclining Bench

- N.W / G.W: 78 Kg / 95 Kg
- DIM: 1300*1480*1450 mm
- CTN: 1630*780*540 mm



SYT-L1043B

平卧推举训练器
Level Bench

- N.W / G.W: 65 Kg / 80 Kg
- DIM: 1300*1250*1300 mm
- CTN: 1430*740*500 mm

P8 SERIES STRENGTH

P8 力量系列



SYT-P816

大飞鸟
Adjustable Crossover

- N.W / G.W: 375 Kg / 405 Kg
- DIM: 4470*1090*2310 mm
- CTN: 2300*830*500 mm
- WS: 80 Kg * 2

SYT-P817

小飞鸟训练器
Multifunctional Trainer

- N.W / G.W: 328 Kg / 358 Kg
- DIM: 1710*1030*2200 mm
- CTN: 2270*970*370 mm
- WS: 80 Kg * 2



SQ STRENGTH SERIES

SQ 轻商系列

SYT-SQ7043

举重台
Smith Weightlifting
Platform

- N.W: 242 Kg
- DIM: 3050*2570*2370 mm



SYT-SQ7045

史密斯训练器
Multi-Functional Smith

- N.W / G.W: 322 Kg / 372 Kg
- DIM: 2275*2005*2220 mm
- CTN: 2290*2030*290 mm

SYT-SQ7050

多功能平凳
Adjustable Flat Bench

- N.W / G.W: 75 Kg / 105 Kg
- DIM: 1425*880*1100 mm
- CTN: 1300*820*400 mm



SYT-SQ7052

哑铃凳
Dumbbell Bench

- N.W/ G.W: 63 Kg / 88 Kg
- DIM: 1685*860*795 mm
- CTN: 1420*750*380 mm

PILATES

普拉提系列

SYT-T017

梯桶
Ladder Barrel

- N.W / G.W: 36 Kg / 60 Kg
- DIM: 1250*630*1010 mm
- CTN: 1300*670*750 mm



SYT-T020

核心训练床
Pilates Reforme

- N.W / G.W: 80 Kg / 110 Kg
- DIM: 2370*680*580 mm
- CTN: 2320*780*510 mm



ACCESSORIES

配件

SYT-Q33

运动踏板
Exercise Pedals

- N.W / G.W: 8.5 Kg / 10 Kg
- DIM: 1000*385*200 mm



SYT-Q30

坦克车
Tank Car

- N.W / G.W: 90 Kg / 100 Kg
- DIM: 1260*870*440 mm
- CTN: 1100*440*340 mm

SYT-Q30A

坦克车
Tank Car

- N.W / G.W: 88 Kg / 96 Kg
- DIM: 1260*870*440 mm
- CTN: 1100*440*340 mm



SYT-Q4L5

如果你是想把
Dumbbell



SYT-Q4P9

的中文是：
Bumper Plate

SYT-Y42B

杠铃片
Plate



SYT-Q4129

杆件套装
Rod Set

SYT-Q4135

固定杠铃套装（带杠铃架）
Fix barbell set with rack





THANK YOU



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